



MEADOWOOD

Napa Valley

The Spa





The new Meadowood Spa offers a unique, all-suite concept, creating an elevated spa experience and giving guests a true sense of retreat and privacy. Each guest's visit will begin with an in-depth conversation with a Spa Therapist in the privacy of the treatment suite, each of which includes a private bathroom, steam shower and built-in seating area in front of sliding windows with tranquil views.


Michael Conte, Director of Spa and Wellness



The suite environment is designed to perform every treatment and includes all amenities needed so guests will not have to relocate during their spa experiences.



THE ESSENTIAL JOURNEY

Ninety minutes

Our signature starting point to introduce you to the Meadowood all-suite spa experience. This service includes a pre-treatment experience and wellness dialogue with your trained therapist in harmony with your 60-minute massage, body treatment or facial to step deeper into a state of overall well-being.



The Meadowood Spa is working with a curated selection of luxury product lines with strong senses of place and high efficacy.



FACIALS

ANTI-AGING/LIFTING

For mature skin lacking volume and firmness, this stimulating massage firms and re-defines facial contours. Effects of the toning and lifting techniques are immediate.

DETOXIFYING

For those needing a rescue from pollution, this facial features products with effective anti-oxidants including vitamin C and grape seed polyphenols to shield the skin from free radicals and help prevent further damage.

HYDRATING

For those who are seeking to remedy dry, dehydrated skin, this treatment combines gentle exfoliation to slough away dead cells, hydrating oils, nourishing masks and moisturizers to plump, replenish and quench the skin.

RADIANCE

Designed for skin that is lacking radiance and luminosity. The use of warm and cool stones stimulates skin prior to the application of a peeling mask, which removes any remaining dull skin, leaving a radiant and youthful complexion.

OXYGEN

A stream of high-pressurized oxygen infused with botanical, vitamin, mineral and nutrient extracts will strengthen skin's elasticity and help eliminate acne-causing bacteria, reduce fine lines and wrinkles, even out skin tone and diminish pores.

HYDRAFACIAL

A non-invasive, multistep technology that combines the benefits of next-level hydradermabrasion, a chemical peel, automated painless extractions and a special delivery.



SCRUBS

SUGAR AND SALT: FINE

For those who have sensitive skin, this treatment is made with organic fine sugar for a gentle exfoliation, as well as chardonnay grapeseed oil, organic shea butter and organic sunflower oil to hydrate, soften skin and heal your skin.

BLACK WALNUT: MEDIUM

Mineral-rich bamboo and organic shea butter combined with chardonnay grapeseed oil, sea buckthorn and rose hip oil allow the natural antibacterial powers of black walnut to infuse your skin while removing dead skin cells, leaving your skin clean, radiant, smooth, refreshed and beautifully moisturized.

HIMALAYAN PINK SALT: COARSE

Relax muscles, detoxify and polish your body with a pink Himalayan salt and organic raw sugar body scrub for glowing skin and an even skin tone. This scrub boosts circulation to remove flaky skin, lines, lumps and bumps and helps to eliminate toxins, increase circulation, reduce body aches and pains and relieve muscle tension.

WRAPS

HYDRATING ALOE AND SHEA

This deeply moisturizing treatment is a must for anyone looking for profound hydration and skin revitalization. This wrap will help nourish, strengthen and protect your skin as well as stimulate collagen production. The treatment is also conducive to easing nervous tension, stress and lifting the heart.

DETOX MUD

A blend of organic, detoxifying and stimulating essential oils aid with digestion, circulation and helps to stimulate the lymphatic system. Our Rhassoul clay contains the highest content of silica, magnesium, potassium and calcium, giving it extraordinary absorption ability to deliver minerals and vital nutrients while removing toxins.

MINERALIZING ALGAE

This mineralizing algae wrap will remove toxins and excess fluid from your body while it replenishes your skin with vital nutrients. The herbal combination of cucumber and chamomile extract will also help calm your skin while red and brown algae aid in eliminating wastes and toxins from the body.





MASSAGE

Our massage therapists will curate your treatment using a wide array of modalities to best suit your needs and preferences. All have been trained and certified in many Western and Eastern techniques including Swedish, Sports, Deep Tissue, Trigger Point Therapy, Reflexology, Thai and Pre-natal, among others, and will use an artful combination of skill and compassion to help alleviate pain, reduce tension and promote relaxation.

DESIGNED FOR MEN

Part of our Essential Journey Experience

MEN'S GROOMING FACIAL

Enjoy a hot towel facial with contrasting cold facial stones to tighten pores and refresh skin while using curated products specifically to address your skin's needs.

This facial includes eyebrow grooming.

BACK FACIAL

Using Hydrafacial technology, this back facial provides both a physical and product-driven exfoliation to deep clean, extract and renew skin while including lymphatic work. An excellent treatment to target congested or oily skin, sun damage or dehydrated skin.

AWAKEN MASSAGE

This massage is designed to invigorate, relax tight muscles and increase range of motion. Therapists incorporate stretching, trigger point therapy, sports massage techniques, rosemary mint foot scrub, hot towels and specialty products to awaken the body leaving you refreshed and revitalized.



Our Treehouse Retreat is a distinctively beautiful space in which to enjoy a specialty bath in the gorgeous hammered-copper tub as a complement to any of our treatments.





FROM THE EARTH

Three hours

Focus on Connection. Grounding, deeply relaxing and stress relieving with hot and cold stone massage and black walnut scrub. Includes pre-treatment experience and wellness dialogue, exfoliation, massage, suite time and culinary experience.

FROM THE GARDENS

Three hours

Focus on the season. As we nourish our bodies with seasonal foods, we benefit as well by applying this philosophy to products applied to the body. These treatments, therefore, change with seasonal essential oils and herbs. Includes wellness dialogue with your trained therapist, exfoliation, massage, 60 minutes of suite time and culinary experience.





THE AIR WE BREATHE

Three-and-a-half hours

Focus on Recovery. Revitalizing and invigorating, this treatment is ideal for those with jetlag or those who may have over indulged with a detoxifying mud abdominal wrap, hydrating massage, rosemary and mint foot and leg scrub. Includes a pre-treatment experience and wellness dialogue with your trained therapist, massage, facial, scrub, 60 minutes of suite time and culinary experience.



FROM THE VINES

Three-and-a-half hours

Focus on the Skin. Vinotherapy using grape extracts that are rich in antioxidants and fight free-radicals with resveratrol, reducing oxidative stress. Includes a pre-treatment experience and wellness dialogue with your trained therapist, massage, facial, 60 minutes of suite time and culinary experience.





FROM THE FIELDS

Four hours

Focus on the Body. De-stress, support, renew and nourish with organic botanicals. Includes a pre-treatment experience and wellness dialogue with your trained therapist, exfoliation, wrap, massage, 90 minutes of suite time and culinary experience.

MEADOWOOD CURATED COLLECTION

Five-and-a-half hours

Focus on the Whole Being. The ultimate spa gift or ideal experience for the spa aficionado. Experience all that the Meadowood Spa offers with a comprehensive and luxurious day of pampering and healing. Includes a pre-treatment experience and wellness dialogue with your trained therapist, exfoliation, wrap, massage, facial, scalp treatment, 90 minutes of suite time and culinary experience. Includes a take home gift to remind you of your day with us.





ADDITIONAL IN-SPA SERVICES

We offer an array of waxing services.
Kindly inquire with the Spa Concierge.

IN-GUEST-ROOM SERVICES

Should you wish to enjoy a massage in the privacy
of your guest room or suite, we offer 60, 90 and
120-minute options. Please consult our
Spa Concierge to reserve.

Additional restorative time may be enjoyed in the women's or gentlemen's relaxation garden. Each garden features sitting areas, a steam room and sauna and a mineral soaking pool.





Meadowood Chef Victoria Acosta has designed an exquisite culinary seasonal menu, offering delicious and healthy options for guests to enjoy in their spa suites or in the relaxation gardens.



FRUIT

House dried from our gardens

Autumn: persimmon, pear, pumpkin

Winter: grapes, beets, apple

Spring: mango, parsnip, cherry

Summer: fig, peach, strawberry

NUT

Walnut, pecan, sunflower, cocoa nib

Cardamom, chile, cinnamon

GRAIN

Amaranth, quinoa, oats, pepitas

Meadowood honey, turmeric, clove

ELIXIRS

Carrot

Ginger, lime, coriander

Ginger

Orange, Meadowood honey, cayenne

Wheatgrass

Pineapple, cider vinegar, turmeric





SEASONAL SPA CULINARY MENU

The Spa offers a selection of dishes featuring ingredients celebrating the best from each season while also representing elements of the Spa's Treatment Menu: Earth, Air, Vine and Field. Beet, chickpea, mushroom, cucumber, pomegranate, plum, meyer lemon, orange blossom, dill and mustard are a few of the seasonal ingredients you may taste in Chef Acosta's culinary creations.

The Spa Boutique offers an array of skincare, cosmetic and spa products to complement lines experienced in the Meadowood Spa.





The Estate Boutique offers handcrafted leather goods, cashmere throws, fragrances and jewelry.





Other things to know about
visiting the Meadowood Spa



SPA ARRIVAL

We invite you to check in 15 minutes prior to your scheduled services to relax before being escorted to your treatment suite for your service. Use of spa facilities is encouraged after your treatment but you are welcome to arrive earlier to enjoy the garden lounges which includes Eucalyptus steam rooms, dry cedar saunas, saltwater soaking tubs and outdoor showers. Your time is reserved specifically for you therefore late arrivals will result in an abbreviated service.

CANCELLATIONS

We adhere to a 6 hour cancellation policy. Any cancellations within 6 hours will be charged 20% of your treatments scheduled.

SPA COURTESIES

For the relaxation and tranquility of all spa guests, we kindly request you “unplug” during your visit by turning off all mobile phones. Garden lounges are considered quiet areas, so please be mindful of this.

VALUABLES

Please bring minimal belongings.

GRATUITIES

Service providers will receive gratuities through our 20% service charge, which is added to the treatment total.

MINIMUM AGE

Our Spa is available to guests 16 years of age and older with parental consent.

SPA HOURS

The Spa is open daily from 7:30 am to 8 pm.
Our Spa and Estate Boutique hours are 9:30 am to 6:00 pm.
Please note that spa hours may vary with the season.

SPA GIFT CERTIFICATES

Spa gift cards are available in any denomination for the perfect way to treat a loved one and share the spa spirit.





MEADOWOOD
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RELAIS &
CHATEAUX